

1st March 2015
UPDATE April 2015
UPDATE 28th May 2015

1. September 2013 my GP agreed another hospital examination was required for diagnosis
2. Its 4am and this is quite routine. My abdominal pain has woken me up and for the past 30 minutes I have been lying hunched up with knees up to my stomach to ease the pain.
3. For this to be so severe is less often to my bout of it in Bristol prison over Christmas. There I spent many nights staying in my wheel chair because moving simply hurt too much.
4. 14th October 2013 victim goaled while visiting Barry police to follow up string of complaints.
5. It is admitted police have caused the canceling of my hospital appointments since March 14.
6. 17th July 2014 elective surgery canceled while on parole having even left prison on 4th July!
7. Recalled on 11th July now leaked because I argued with 10th July GP staff as to op. confirmed?
8. 23rd Feb 2015 Health Care 5th application to see a doctor to no avail despite gut pain and now passing watery diarrhea for five weeks, often six times a day and nausea more often.
9. Abdominal pain appears still suppressed by 60 mg three time a day of *nefapam hydrochloride*.
10. Despite repeated applications for facilities for a private consultation the prison refuses to put in writing, verbally promised, I can have one in the unit in prison. Local GPs ignore my letters.
11. Health Care refuses to confirm in writing I am on the waiting list at a hospital.

2nd March

12. H/C reply confirm doctor tomorrow as to why no date or proof op booked since July 2014.
13. Excessive diarrhea with incontinence appears to have altered abdomen's position and reduced.
14. Nausea and joint pain reduced.
15. Still no one will discuss possible 'differential diagnosis' options despite varying symptoms, magnitude of pain and time scales over a seventeen month incarceration.

3rd March

15. Doctor's appointment in cell as currently bed ridden with gut pain
16. Still no explanation as to why a delay following HMP Bristol's western area supervisor's visit, Doctor Luke Turley, to its psychiatric unit caused by an extremely dangerous patient from Wales. Whilst outside NHS (Wales)'s sinister influence, to cover up Dr [REDACTED] fabricated psychiatric report on victim's 'irreversible significant brain damage' dreamed up by South Wales Police. I am simply persevering, these past 17 months for my right for a private consultation.
17. Now, at least, I obtain proof in writing of a Singleton Hospital referral even if 15 months on!
18. Change of medication and underwear.....'in possession' Loperamide prescribed.

4th March

19. 'No date' on doctor's delivered letter, 'no date' confirming when doctor's letter to Singleton Hospital was eventually allowed to leave the prison? (A little birdie twittered the referral letter was held up by 'security' for three weeks fighting again as to whether their victim may try and escape!).

5th March

20. Definite gut improvement (Was it reaction to 'ersatz' morphine like 2010's morphine sulphate?)

9th March

21. 2am severe gut painonly allowed 2 x 500 mg Paracetamol under cell door.

On release from Swansea prison I managed to wheel myself to the local hospital, along the sea front, where I was told no contact with the Swansea prison had appeared to have been made by the doctors in Swansea prison. There was nothing on the computer about it.

A quick contact and visit to my Cardiff GP practice was equally as fruitless as were my visits to expedite, following police canceling the elected G/A in Cardiff, to either Llandough or Heath Cardiff hospitals.

For urgently needed medical care I had to travel abroad (same as 2010 South Wales Police psychiatrist preventing the G/A for my hip replacement) as NHS (Wales) could only put me to the bottom of the waiting list again after Singleton Hospital, Swansea denied my having been ever being booked in for colonoscopy and endoscopy. So who was lying this time?

The burns unit in Singleton, however, did have 2005 record of my aviation burns following my crash in the Caribbean when trying to dump fuel to try and keep afloat dear 'Liberty Girl'.

Serious issues may have been diagnosed but, so far, within a few days of more appropriate medication, at least the abdominal pain has dramatically been reduced and I can walk upright!

I have been promised scoping will shortly be done by the NHS (Wales). Do you believe a word of it?

Foreign photos of rectal my damage caused by legal papers, including exhibits, having to be smuggled in and out of my prison cell, each day, just to get them to the dock will be published.

28th May 2015

CCRC, meantime, over related medical issues appear not to communicate with me any more or allow my letters or visits unless, purportedly, all is done via a lawyerdeja vu?

Always, when I get too close to the corruption that is so rife in South Wales there is not just a closing of ranks from within the judiciary but also from across the lucrative hinterland, England, by its legal profession. In London yet again and no lawyer will lift a finger to help.

Having now arranged CCRC's wishes the lawyer, who chose the proverbial 'shortest straw', appears reluctant to pass on most urgent of documentation for five prison sentences to be overturned that had originally been promised directly to me by CCRC and Cardiff Crown Court.

1st Dec 2009 Cardiff magistrates records confirm no 'restraining order', draft or otherwise, was ever mentioned to me in my cell that day, yet alone service, while the clerk of the court admits he was hiding in the court cell next door at the time and could of seen nothing of it anyway!

Will a willing lawyer now obtain both Geoamy and police custody records proving conspiracy?